

Privacy Policy

Effective Date: 31-08-2023

Your privacy is important to us

It is Embodied Heart Somatics's policy to respect your privacy regarding any information we may collect while operating our website. This Privacy Policy applies to www.embodiedheartsomatics.com/ (hereinafter, "us", "we", or "www.embodiedheartsomatics.com/"). We respect your privacy and are committed to protecting personally identifiable information you may provide us through the Website. We have adopted this privacy policy ("Privacy Policy") to explain what information may be collected on our Website, how we use this information, and under what circumstances we may disclose the information to third parties. This Privacy Policy applies only to information we collect through the Website and does not apply to our collection of information from other sources.

This Privacy Policy, together with the Terms of service posted on our Website, set forth the general rules and policies governing your use of our Website. Depending on your activities when visiting our Website, you may be required to agree to additional terms of service.

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1. Website Visitors

Like most website operators, Embodied Heart Somatics collects non-personally-identifying information of the sort that web browsers and servers typically make available, such as the browser type, language preference, referring site, and the date and time of each visitor request. Embodied Heart Somatics's purpose in collecting non-personally identifying information is to better understand how Embodied Heart Somatics's visitors use its website. From time to time, Embodied Heart Somatics may release non-personally-identifying information in the aggregate, e.g., by publishing a report on trends in the usage of its website.

Embodied Heart Somatics also collects potentially personally-identifying information like Internet Protocol (IP) addresses for logged in users and for users leaving comments on

<https://www.embodiedheartsomatics.com/> blog posts. Embodied Heart Somatics only discloses logged in user and commenter IP addresses under the same circumstances that it uses and discloses personally-identifying information as described below.

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2. Security

The security of your Personal Information is important to us, but remember that no method of transmission over the Internet, or method of electronic storage is 100% secure. While we strive to use commercially acceptable means to protect your Personal Information, we cannot guarantee its absolute security.

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3. Protection of Certain Personally-Identifying Information

Embodied Heart Somatics discloses potentially personally-identifying and personally-identifying information only to those of its employees, contractors and affiliated organizations that (i) need to know that information in order to process it on Embodied Heart Somatics's behalf or to provide services available at Embodied Heart Somatics's website, and (ii) that have agreed not to disclose it to others. Some of those employees, contractors and affiliated organizations may be located outside of your home country; by using Embodied Heart Somatics's website, you consent to the transfer of such information to them. Embodied Heart Somatics will not rent or sell potentially personally-identifying and personally-identifying information to anyone. Other than to its employees, contractors and affiliated organizations, as described above, Embodied Heart Somatics discloses potentially personally-identifying and personally-identifying information only in response to a subpoena, court order or other governmental request, or when Embodied Heart Somatics believes in good faith that disclosure is reasonably necessary to protect the property or rights of Embodied Heart Somatics, third parties or the public at large.

If you are a registered user of <https://www.embodiedheartsomatics.com/> and have supplied your email address, Embodied Heart Somatics may occasionally send you an email to tell you about new features, solicit your feedback, or just keep you up to date with what's going on with Embodied Heart Somatics and our products. We primarily use our blog to communicate this type of information, so we expect to keep this type of email to a minimum. If you send us a request (for example via a support email or via one of our feedback mechanisms), we reserve the right to publish it in order to help us clarify or respond to your request or to help us support other users. Embodied Heart Somatics takes all measures reasonably necessary to protect against the unauthorized access, use, alteration or destruction of potentially personally-identifying and personally-identifying information.

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4. Cookies

To enrich and perfect your online experience, Embodied Heart Somatics uses "Cookies", similar technologies and services provided by others to display personalized content, appropriate advertising and store your preferences on your computer.

A cookie is a string of information that a website stores on a visitor's computer, and that the visitor's browser provides to the website each time the visitor returns. Embodied Heart Somatics uses cookies to help Embodied Heart Somatics identify and track visitors, their usage of <https://www.embodiedheartsomatics.com/>, and their website access preferences. Embodied Heart Somatics visitors who do not wish to have cookies placed on their computers should set their browsers to refuse cookies before using Embodied Heart Somatics's websites, with the drawback that certain features of Embodied Heart Somatics's websites may not function properly without the aid of cookies.

By continuing to navigate our website without changing your cookie settings, you hereby acknowledge and agree to Embodied Heart Somatics's use of cookies.

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5. E-commerce

Those who engage in transactions with Embodied Heart Somatics – by purchasing Embodied Heart Somatics's services or products, are asked to provide additional information, including as necessary the personal and financial information required to process those transactions. In each case, Embodied Heart Somatics collects such information only insofar as is necessary or appropriate to fulfill the purpose of the visitor's interaction with Embodied Heart Somatics. Embodied Heart Somatics does not disclose personally-identifying information other than as described below. And visitors can always refuse to supply personally-identifying information, with the caveat that it may prevent them from engaging in certain website-related activities.

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6. Privacy Policy Changes

Although most changes are likely to be minor, Embodied Heart Somatics may change its Privacy Policy from time to time, and in Embodied Heart Somatics's sole discretion. Embodied Heart Somatics encourages visitors to frequently check this page for any changes to its Privacy Policy. Your continued use of this site after any change in this Privacy Policy will constitute your acceptance of such change.

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7. Contact Information & Credit

This privacy policy was created at [privacyterms.io privacy policy generator](https://www.privacyterms.io/privacy-policy-generator/). If you have any questions about our Privacy Policy, please contact us via [email](#) or [phone](#).

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